

Arc ACTION September 2023

The Arc of Blair County Newsletter

"The tans will fade, but the memories will last forever."
so long summer, Happy Start Of Fall!



Who Likes Money?

The Annual Cash Bash is on sale right now.

The Arc of Blair County Board of Directors and the staff are selling tickets to win loot!

Nearly \$3,000 in prize money will be drawn and distributed.

This link will take you to the site to view the prizes offered and to purchase tickets.
<https://arcblaircounty.betterworld.org/events/cash-bash>

Tickets are only \$20 and your odds are much better than playing the lottery! The drawing will be live on September 14.

*** DRAWING ***	
1. \$250	9. \$50
2. \$50	10. \$100
3. (4) Club Seats Pirate Game 2023, Value \$200	11. \$250
4. \$50	12. (2) Penn St. FB Tickets for one game of choice in 2024, excluding Ohio State game
5. \$250	13. \$50
6. \$50	14. \$500
7. \$50	15. \$1,000
8. \$100	



The ukulele class is making quite a splash. They have now learned 6 or 7 chords and numerous songs. Hopefully they will be able to perform for The Arc at an upcoming event so everyone can see their talent. Thanks Melanie Ramsey, teacher extraordinaire!

SAVE THE DATES

There are 3 special events happening at The Arc within the next six weeks.

All will require on line registration. More details will be in the October newsletter. The only registration which is now open is a bus trip.

The Arc has not had a bus trip since 2019 due to COVID. This October, Saturday, October 21, The Arc will be taking a bus trip to Akron, Ohio, to the Akron Zoo. The bus and the zoo will be paid for by The Arc. It is one of the bonuses of being an Arc member. Only Arc members in good standing can register.

Following the zoo, The Arc will head 10 minutes up the road to Cuyahoga Valley National Park.

Did you know that there is not a national park within easy driving distance other than Cuyahoga Valley? That is right. Not in Pennsylvania, or New Jersey, Delaware, Maryland, New York, West Virginia, or other neighboring states. Only Ohio. If you have

not visited one of the only 63 National Park's you are in for a treat. This national treasure boasts waterfalls, stunning bridges over the river, and what should be gorgeous foliage in October. This unique experience will conclude with a meal at a restaurant not found in Pennsylvania.

The Arc requests that each Arc member be accompanied by a staff offering support (multiple people can be supported) or one parent. Bus cost & zoo admittance cost will be provided by The Arc. There will be a \$25 per person security deposit. Once you board the bus, you will receive your \$25 back. If you do not arrive by boarding time the deposit will be forfeited. More details will be available on line. If there are more registered than bus seats, a lottery will take effect. Visit www.thearcblair

September CALENDAR

Monday's, beginning at 6:00: Bocce in Arc backyard. If it rains, Bocce is moved indoors using soft balls. No class Sept. 4 due to Labor Day. September is the last month for bocce then the fall programs begin.

Tuesday, September 5, at 5:30 p.m.: West African Drumming. Mandatory practice for upcoming performance.

Tuesday, September 12 at 5:30 p.m.: Ukulele Class

Tuesday, September 19 at 5:30 p.m.: West African Drumming. Last Practice before performance on Saturday 9/23. Come out to Garvey Manor at 2 pm and support The Arc drumming class!!

Tuesday, September 26 at 6:30 p.m.: Ukulele Class

Wednesday's at 6:30 p.m.: Line Dancing. We request that you wear appropriate, closed shoes such as tennis shoes or court shoes or other soled surfaces. Please no flip flops or sandals.

Thursday, September 14, 5:00 pm to 7:00 pm: Woodworking and Artisan Class. Level of class: Advanced. MUST REGISTER through website. No phone calls accepted. Last one until spring.

Thursday, September 28, 6:00 pm to 7:15 pm: Pickleball. Indoors at Arc. Pickleball is a cross between tennis and ping pong. Come see what it is all about. All are welcome. Level: Beginner

SAVE THE DATES - More information in the next newsletter:

1. Saturday, October 21 - Arc Bus Trip. Must be an Arc member in good standing. See page 1
2. Friday October 27 - Halloween Party. Free for Arc members. \$5 for non-members and staff.
3. Saturday November 4 - Indoor Bocce Tournament, 12 pm to 3 pm. All are welcome. No cost. Several changes since last year's tournament to allow for a faster game and shorter time frame.

Changes Have Arrived. All Reservations on-line only

The Arc of Blair County is changing how people are to register for classes. Beginning with the September classes, The Arc will no longer accept phone calls reserving a spot in a class. This is ONLY for classes which state 'reservations required' on the calendar. This is NOT for the regular classes or 'drop in' programs such as ukulele, drumming, or line dancing.

A new system, with simple steps, is being used through The Arc website self-registration.

The Arc hopes that by registering through the website that it will eliminate situations where people state they telephoned a reservation or informed a staff member yet no record exists of the reservation. Many situations occur where people arrive that were not accounted for when materials need to be purchased.

The new system will also alleviate the need to call three and four times to be certain a person is registered for a class. The new format will send an email confirming registration. If an email is not received, it indicates that an error occurred during input. Please go back in and try again until a confirmation email is received.

The new registration system will indicate how many spots remain in the class. For example, if a class size is limited to 10 people, it will indicate 2 of 10 spots remain. Once the class is full, it will not allow registrations to occur. This is your signal that the class is no longer available to attend.

Complete instructions on how to register for a class is displayed on the next page.

IDEAS NEEDED

The Arc wants to be sure it is offering a wide range of activities for EVERYONE. If there is something you enjoy doing, please contact The Arc at 814.946.1011 and share your idea. The Arc would like to offer new and interesting choices for classes and activities.

A suggestion received was to have a 'quiet' program. Something for individuals who may have sensitivity to noise or crowds.

If you want to get together to color, lay on the grass in backyard and listen to the birds and water fountain, pick flowers, do a floor puzzle as a group, or other peaceful classes, please let The Arc know and it will be added to the schedule for a month.

The Garden Club has done such an outstanding job this spring and summer. They have planted seeds during the cold months, watched them grow, transferred them into pots and the ground, and now a lush, rich garden exists at The Arc and at several club member's homes. Way to go! This class was made possible through the support of the Central Pennsylvania Community Foundation. We are so proud of how much you have 'grown' (get it?). Your strawberry picking then turning into jam, your homemade zucchini bread, your volunteering at the Veterans Memorial downtown, taking turns watering and pulling weeds, and so much more is cause for applause! If you see a garden club member, please thank him or her: Brooke Baird, Katie Burke, Aaron Bucher, Garran Burget, Sarah Hiersche, Hunter Malone, Christina Polito, Renee Replogle, Rochelle Replogle, Tyler Starr, and Camey Wilt.





Achieve with us.

The Arc of Blair County

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Non Profit Org
U.S. POSTAGE
PAID
Altoona, PA
Permit # 218

Pickleball is coming to The Arc of Blair County. No experience necessary. Beginning/Introductory class. Rain or Shine (indoors) on Thursday, Sept. 28

Current Resident or

Many thanks to Darlene and Cletus Wilt for leading the bocce ball program. Bocce will continue through the end of September. No need to worry if it get chilly or if it rains. We are able to move inside and use the indoor balls, thanks to the generosity of Catholic Daughters of America!



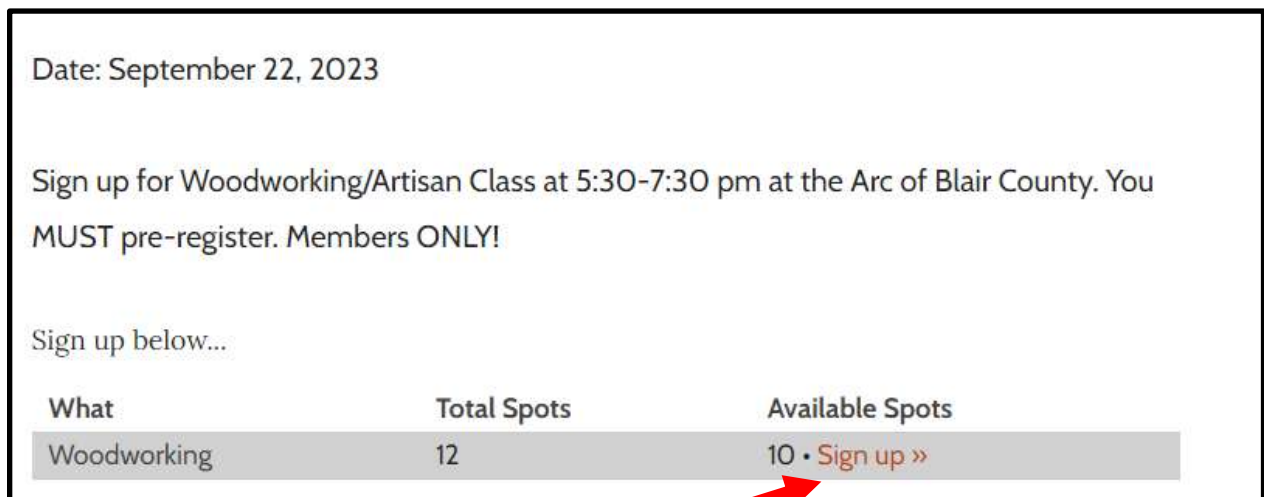
Easy Instructions for Sign ups

Mandatory to reserve a spot in a class. Phone reservations no longer accepted. This only applies if the calendar states 'reservation required'. Regular weekly classes, such as line dancing, drumming, and ukulele do not require any reservation.

1. Go to www.Thearcblair.org
2. Then go to members—> sign up for Arc Classes —> click the class you want to sign up for (The instructions on this page will use the woodworking class as our example)



3. You will come to this screen which shows the date of the event, the time and spots left.

A screenshot of a website page for an event. At the top, it says 'Date: September 22, 2023'. Below that, it says 'Sign up for Woodworking/Artisan Class at 5:30-7:30 pm at the Arc of Blair County. You MUST pre-register. Members ONLY!'. Underneath, it says 'Sign up below...'. There is a table with three columns: 'What', 'Total Spots', and 'Available Spots'. The first row of the table has 'Woodworking' in the 'What' column, '12' in the 'Total Spots' column, and '10 • Sign up »' in the 'Available Spots' column. A red arrow points from the 'Sign up »' text to the right.

4. Click the red sign up

(continued see next steps on the back side of this page)

5. Fill in the information below with name, email and phone number. It is very important that your email and phone number are correct!
6. Click on the Sign me Up button at the bottom of the form

! A spot is being temporarily held for you. Expires in... 2m 24s

Sign-up below

You are signing up for... Woodworking on September 22, 2023

First Name *

Last Name *

E-mail *

Phone *

Answer the following: 7 + 1 = __ *

Remember me
(saves your information for future signup forms during this visit on our site)

or [« go back to the Sign-Up Sheet](#)

*= required

7. YOU WILL GET A CONFIRMATION EMAIL! If you do not receive an email, something was missed. Please go back and retry each step. Please note: The form will 'log out' or 'time out' after a few minutes so be sure you have all the required information ready to type.



It is hard to find a more tranquil location than The Arc backyard during the summer evenings. Everything is so green, so peaceful with the water fountain keeping beat with the drumming class.

The drumming class will be performing at a festival on September 23. Come out to Garvey Manor and support the group!

One thing all of the classes do is celebrate birthdays. Denielle Minori, one of the drum instructors, pictured right, was blessed with another year to celebrate life.

All are welcome the 1st and 3rd Tuesday of the month. No music background necessary. Just have fun!





Out and About

By Arc Members ...

... About Arc members

Reclamere, a digital security company based in Tyrone, shared nice things about one of their employees: Carson Frank - a member of The Arc.

Meet Carson, a true inspiration and valued member of the Reclamere team. His dedication, talent, and unique perspective have enriched our workplace beyond measure. We're proud to have Carson as part of our family, and we stand with him in promoting inclusivity and understanding. This month, we celebrate the achievements and contributions of individuals with disabilities, and we couldn't be prouder to have Carson shine brightly in our organization. Let's continue fostering a diverse and inclusive workplace where everyone's strengths are celebrated.

[#LifeatReclamere](#) [#DisabilityPrideMonth](#) [#InclusivityMatters](#)
[#DiversityAtWork](#) [#EmployeeSpotlight](#) [#ProudOfOurTeam](#)

Way to go Carson! So proud of you. And...congratulations on being cast as Daddy Warbucks in the upcoming Mishler Theatre play, Annie!

The picnic and camp out was a memorable night! It started out beautifully with dinner and some dancing outside. Then the rain came. And by rain, we mean monsoon! But it all worked out. The movie got moved indoors and the tents remained dry. The night cleared and folks got to sleep out in the tents. It was very different seeing The Arc staged as a campsite. But a peaceful and beautiful time.



Jess Ponder takes the meaning of 'bed head' to a whole new level after spending a night in a tent!



WHEN WORDS ARE NOT ENOUGH

There are not enough words, or even the proper words, to convey how grateful The Arc of Blair County is to the Altoona Sunrise Rotary for hosting the annual Becky Sheetz Memorial Golf Tournament and supporting The Arc as one of the beneficiaries.

Many of the sponsors are long-time Arc members, board directors, or supporters of The Arc so please frequent their business as a thank you. They are highlighted in bold below. A special thank you to Arc members Ella Albright, Emily Albright, Brooke Baird, Linda Baird, Maryssa Brandt, Alauna Feathers, Lois Hampton, Colleen and Dave Montrella, Jim Parish, and Becky Stevens who all volunteered for The Arc to help with the event.

Platinum Sponsors were: **Sheetz Corporation**, 84 Lumber, Coca Cola, Highmark Blue Cross/Blue Shield, M&T Bank, and Reliance Bank

Corporate Sponsors were: Arrow Land Solutions, Bolger Brothers, Construction One, Corle Construction, Curry Supply, **DeGol Organization**, **Encompass Health**, Jersey Shore State Bank, Lee Industries, **Dr. David & Colleen Montrella**, Nemaocolin Resort, and **UPMC Altoona**.

Course Sponsors were: Altoona Mirror, **Altoona Pipe & Steel**, American Legion of Hollidaysburg, **ARC Federal Credit Union**, DP Oppel Associates, **The EADS Group**, Paul Kane Trash Removal, Patt Family, **Sickler, Tarpey and Associates**, **Traficante Family Chiropractic**, Wagner & Finn Attorneys.

Tee Sponsors were: Allegheny Lutheran Social Ministries, Allegheny Trucks Inc., Bolger Funeral home, Theresa Boyer, **Buddy and Kathy Casado**, **Burget Family**, **Charlie and Gail Sheetz**, **Complete Insurance Services**, Cullen Sheehan, **Cyman Family**, **DelGrosso Family of Companies**, **Gingrich Insurance Agency**, **Gwin, Dobson and Foreman, Inc.**, Hollidaysburg Family Dental, **Irwin Financial**, **Keller Engineers**, Laurel Eye Clinic, Laurel Laser and Surgery Center, Link & Associates, Longstreth Brothers Painting, **McCartney's Workplace Solutions**, McQuaide Blasko, Medicine Shoppe, New Enterprise Stone and Lime Co., NPC Inc., P. Joseph Lehman, Inc., Patt Family, Paul Head Roof and Chimney Repair, **PennCrest Bank**, Red Leonard Association, **Rene-Paul Forier**, Ritchey's Dairy, Rusty Klingner, **Seltzer Financial Strategies**, **State Representative Lou Schmitt**, **Steinbrunner Family**, **Stiffler McGraw and Assoc**, **Ward Trucking and Logistics**, **YOBCO**

The putting contest was sponsored by Re/Max Results Realty Group. **Stuckey Automotive** sponsored the hole-in-one vehicle and there were many in-kind contributions and donations. M&T Bank and, of course, Altoona Sunrise Rotary sent out a huge volunteer base as well.

Thank You

Thank You

Thank You

Thank you

Thank You

Line dancing is so popular that The Arc is concerned the hall will soon be too small to accommodate everyone! Thanks to Joyce Veckov and her assistants Katherine Ziegler, Patty Flannigan and Esther Rickabaugh. We request that proper shoes be worn - tennis or court shoes or other closed toe soled shoes. Please no flip flops or sandals while dancing.

